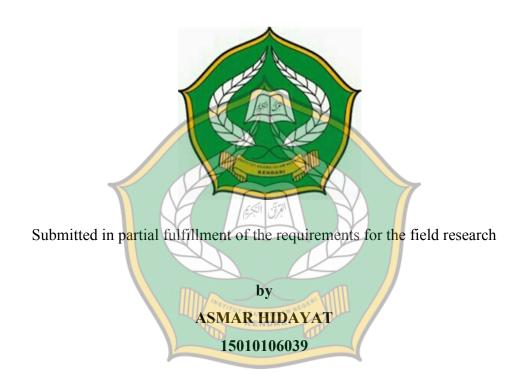
## EFL STUDENTS' ANXIETY IN ENGLISH CLASSROOM

(A Case Study at Senior High School in Kendari)

### RESEARCH PAPER



# ENGLISH EDUCATION DEPARTMENT FACULTY OF TEACHING AND EDUCATION INSTITUT AGAMA ISLAM NEGERI KENDARI KENDARI

2020



# KEMENTERIAN AGAMA REPUBLIK INDONESIA INSTITUT AGAMA ISLAM NEGERI (IAIN) KENDARI **FAKULTAS TARBIYAH DAN ILMU KEĞURUAN**Jl. Sultan Qaimuddin No. 17 Kelurahan Baruga-Kota KendariTelp/Fax. 0401-3193710

Email: iainkendari@yahoo.co.id, Website: http://iainkendari.ac.id

#### APPROVAL SHEET

Name : Asmar Hidayat

SID : 15010106039

Title : EFL Students' Anxiety in English Classroom (A case

study at Senior High School in Kendari)

This research proposal draft has been approved by the supervisor on December

15<sup>th</sup>, 2019 for further research proposal seminar.

**SUPERVISOR** 

Abdul Halim, S.Pd., M.Tesol NIP. 197912312006041006



## KEMENTERIAN AGAMA REPUBLIK INDONESIA INSTITUT AGAMA ISLAM NEGERI (IAIN) KENDARI FAKULTAS TARBIYAH DAN ILMU KEGURUAN

Jl. Sultan Qaimuddin No. 17 Kelurahan Baruga-Kota KendariTelp/Fax. 0401-3193710 Email :<u>iainkendari@yahoo.co.id</u>, Website: <a href="http://iainkendari.ac.id">http://iainkendari.ac.id</a>

#### PENGESAHAN SKRIPSI

Skripsi dengan Judul "EFL Students' Anxiety in English Classroom (A case study at Senior High School in Kendari)" yang ditulis oleh Asmar Hidayat NIM. 15010106039 Mahasiswa Program Studi Tadris Bahasa Inggris Fakultas Tarbiyah dan Ilmu Keguruan IAIN Kendari, telah diuji dan dipresentasikan dalam Skripsi yang diselenggarakan pada hari Senin tanggal 28 September 2020 dan dinyatakan telah dapat diterima sebagai salah satu syarat untuk memperoleh gelar (S.Pd.).

Dewan Penguji Skripsi

Ketua : Abdul Halim, S.Pd, M.TESOL,

Sekretaris : Isna Humaera S.Ag, S.Pd, M.Pd

Anggota 1 : Dr. Sitti Nurfaidah S. Pd, M. Ed,

Kendari, 28 September 2020

NIP. 196712311999031002

Dr. Masdin M. Pd

Dekan,

### **Declaration of Authorship**

I, Asmar Hidayat NIM, 15010106039, hereby certify that research result by entitled "EFL Students' Anxiety in English Classroom (A case study at Senior High School in Kendari)" is entirely my original work and helped by the expert of this matter. It is written and published as requirement for the degree of English Education Program, Tarbiyah and Teacher Training Faculty at IAIN Kendari. For this reason, I am responsible for the research paper, if there is any objection of claim form others.

Kendari, August 10, 2020
20 Dzulhijah 1441 H

The writer

Asmar Hidayat
15010106039

#### **ACKNOWLEDGEMENT**

### بسنم الله الرَّحْمَان الرَّحِيْم

Alhamdulillah, all praise is to Allah SWT, the Almighty, the Merciful, and the owner of the universe who has blessed me with so many beautiful things in my life and empowered me to finish this my thesis. This thesis would not possible without the guidance and the help of several individuals who in one way or another has contributed and extended their valuable assistance in the preparation and completion of this study.

First of all, I would like to record the debt of gratitude, which is owed to my first supervisor Abdul Halim S.Pd., M.Tesol for him tireless assistance and guidance during the fulfillment of this thesis. Who always gives him help and guides me in completing this thesis. He is my motivator. Without him precious help and advice, this thesis would not have come into being.

I also would like to thanks the following people for their contribution for the completion of this thesis.

- Prof. Faizah Binti Awad, M. Pd., the rector of Islamic State Institute of Kendari
- 2. Dr. Masdin, M. Pd., the dean of Teacher Training and Education Faculty
- 3. Mr. Abdul Halim, M. A. TESOL., the head of English Language Teaching Department. Special thanks to those of you for previous five years who

- have given me more knowledge, help and support, information, good attitude and discipline to be qualified teacher.
- 4. Sarjaniah Zur, S. Pd., M. Pd., the staff in English Department who always helps and facilitate me and your time to discuss my thesis and also always cheers me up during the completion of this thesis.
- My great lecture who share their knowledge sincerely to me: Abdul Halim,
   M. A. TESOL., Dr. Sitti Nurfaidah, M. Ed., Suhartini Syukri, S. Pd. I., S.
   Pd., M. Pd., Sarjaniah Zur, S. Pd., M. Pd., Isnah Humaerah, S.Ag., S.Pd.,
   M.Pd. and Dewi Atika, M. A. TESOL.,
- 6. Dr. Sitti Nurfaidah, M. Ed., as proofreaders who always check this paper and thank your kindness and supporting in completing this thesis. And thanks a lot to you who have taught me how to write a good, a lot of things and experiences that I cannot forget it.
- 7. Isna Humaera, S. Ag., S. Pd., M. Pd. as my advisor academic special thanks for you have read and corrected to my thesis.
- 8. The Headmaster of MAN 1 Kendari Mas'ud Achmad, S.Pd.,M.Pd who has allowed me to do research.
- All my beloved and sweet students at MAN Negeri 1 Kendari class X IPA
   who always active and friendlier to get data from this research.
- 10. Great Appreciations and special thanks to my parents: my father Amana and my mother Weree of my Great Spirit and motivation in this life.

11. My lovely brothers and sisters: Hape, Awar S.Pd, Darmawanti and Dina Arian. Special thanks to you are who always give me help, support and moral encouragement in finishing my study.

My special thanks to all my friends English language first grade of English education 2015. Those have always support and motivated me to finish my thesis. I also would like say thanks to my best friends Azril Buton, Tamsil, Rahmat Nugraha, Riski Kurniawan, Alwi, Yahya Komara, and Ikhsan, thank you very much for your help me and always give facilitated to finish this my study.

Kendari, August 10, 2020

Asmar Hidayat 15010106039

#### **ABSTRACT**

Asmar Hidayat NIM 15010106039. EFL Students' Anxiety in English Classroom (A Case Study at Senior High School in Kendari). Supervised By: Abdul Halim S. Pd., M.Tesol.

This research aims to explore the causes of students' anxiety in learning English as a Foreign Language at MAN 1 Kendari class X IPA 1 at the second semester for academic year 2019/2020. The study used qualitative research. The populations of this study are the students at grade X IPA 1 of MAN 1 Kendari and the total of the sample are 34 students including 20 male and 14 female students. The data were gathered through an interview and questionnaire in form of FLCAS (Foreign Language Classroom Anxiety Scale) adapted from Horwitz et al. (1986). The questionnaire contains eighteen questions, 5-point likert scale instrument ranged from (strongly agree to strongly disagree) measuring students anxiety. The findings of this study showed most students in generally do not show excessive anxiety, but in certain areas students give statements if they experience anxiety in learning English. Several factors cause student anxiety, among others. Factors such as fear of making mistakes, lack of confidence, teacher instructions, lack of preparation, fear of not understanding, lack of vocabulary, fear of failing in class and fear of speaking or presenting in front of class, also memorize the grammar part are the main causes of student anxiety. Through the results of this research on the effect of anxiety caused by students when learning English, the teachers is expected to be able to think of ways to overcome anxiety by using various strategies/methods in designing appropriate and effective learning materials, which in turn can reduce and overcome student anxiety in learning English.

Key words: Students' Anxiety, English Language, Qualitative.

# **TABLES OF CONTENTS**

TITLE PAGE	
APPROVAL SHEET	
LEGALIZATION SHEET	
DECLARATION OF AUTHORSHIP	
ACKNOWLEDMENT	
ABTRACTTABLE OF CONTENTS	
LIST OF CHARTS	
LIST OF APPENDICES	
LIST OF PICTURES	
CHAPTER I: INTRODUCTION	1
1.1 Background of the Study	
1.2 Scope of the Study	1
1.2 Scope of the Study	4
1.3 Research Questions	4
1.3 Research Questions 1.4 Purposes of the Study 1.5 Significance of the Study 1.6 Definition of Key Terms	4
1.5 Significance of the Study	4
1.6 Definition of Key Terms	5
CHAPTER II: REVIEW OF THE LITERATURE	
2.1 Anxiety	6
2.1.1 Definition of Anxiety	6
2.1.2 Types of Anxiety	7
2.1.1 Definition of Anxiety 2.1.2 Types of Anxiety 2.2 Anxiety and English language learning	8
2 3 The Causes of Anxiety	9
2.4 Impact of foreign language anxiety	12
CHAPTER III: METHODOLOGY	1.4
3.1 Research Design	
3.2 Settings & Participants	
3.3 Instrument of the study	
3.4 Technique of data collection	
3.4.1 Questionnaire	
3.4.2 Interview	
3.5 Technique of data Analysis	
3.5.1 Data Reduction	
3.5.2 Data display	
3.5.3 Conclusion drawing/Verification	18

CHAPTER IV: FINDING AND DISCUSSION	19
4.1 Finding	19
4.1.1 Findings from interview	
4.1.2 Findings from questionnaire	
4.2 Discussion	
CHAPTER V: CONCLUSION	38
5.1 Conclusion	39
5.2 Limitation of the Study	39
5.3 Suggestion	
5.4 Pedagogical Implication	41
REFERENCES	43
APPENDICES  DOCUMENTATION	45
DOCUMENTATION	53
CURRICULUM VITAE	55
MSTITUT AGAMA ISLAM NEGER KENDARI	

# LIST OF CHARTS

CHART 1	: I never quite sure with myself when I am speaking in front of the class
CHART 2	: I tremble when I know that I am going to be called on in English class
CHART 3	: It frightens me when I don't understand what the teacher is saying in English23
CHART 4	: I keep thinking that the other students are better at English than I am24
CHART 5	: I am usually at easy during test in my English class24
CHART 6	: I start to be panic when I have to speak without preparation in English class
CHART 7	: I worry about consequences of failing my English class26
CHART 8	: It embarrasses me to volunteer answers in English class26
CHART 9	: I often feel like not going to my English class
CHART 10	: I am afraid that my English teacher is ready to correct every mistake I make
CHART 11	: I can feel my heart pounding fast when I am going to be called on in presentation
CHART 12	: the more I study for an English test, the more confused I get29
CHART 13	: English class moves so quickly I worry about getting left behind30
CHART 14	: I get nervous and confused when I am speaking in my English class
CHART 15	: I get nervous when I don't understand every word the English teacher says
CHART 16	: I feel overwhelmed by the number of rules you have to learn to speak English
CHART 17	I am afraid that the other students will laugh at me when I speak English
CHART 18	: I get nervous when the English teacher ask questions which I haven't prepared in advanced

# LIST OF APPENDICES

Appendix 1: Guideline of Questionnaire	46
Appendix 2: Interview Guideline	48
Appendix 3: Result of Questionnaire	49
Appendix 2: Result of the students Interview	51
Annendix 3: Documentation	53

