

CHAPTER V

CONCLUSION, LIMITATION, PEDAGOGICAL IMPLICATION, AND RECOMMENDATION FOR FURTHER RESEARCH

This chapter aimed to provide the point of this study including the conclusion, limitation of this study, pedagogical implication, and recommendations for further studies.

5.1 Conclusion

Conclusion is drawn based on the data analysis. This study narrated what culture shocks that have been experienced while I was studying in the United States Midwest University as an eastern EFL exchange student. In this study, I found that I have been experiencing all stages of culture shock. In the honeymoon period which covers campus facilities, the classroom management, food, and people I experienced many different feelings that I encountered made me so satisfied to begin my first class. Moreover, I also felt so surprised because I could not believe that I was already in the United States considering my family background the selection process to get the scholarship. However, after one month of staying in the US, I experienced the frustration stage where I was demotivated to study and could not perform well in the classroom. I was feeling frustrated because of the new academic culture and my language barrier. I also could not cope with the weather and I got food issues. Moreover, I was missing my family back home. When I hit the adjustment stage, I could solve my problem independently. I learned about culture shock by myself, and I also hanged out with my friends to reduce my loneliness and to improve my English

ability. Since my English has improved, I was able to ask for help by myself and could perform well in the classroom. In the final stage of culture shock, I was improving my tolerance by joining events and get involved with the locals. I also became more confident in the classroom and embrace my heritage. finally, I was able to remotivated and be able to enjoy my experience in the United States before going back to my country.

5.2 Limitation

In this study, there is a limitation that needs to be acknowledged. In this study, I only focus on the culture shock that I experienced when I was studying in the United States as an eastern EFL Student from my personal reflection and archive. Hence, since the study was limited to scope, I did not explore more information regarding my preparation before doing my exchange program and after returning home from the exchange program. There is a point that I did not examine further in this study, regarding the other party's influence such as friends, host peer, and locals' impact on my culture shock experience. Finally, I realized that this study still presents several gaps in my sponsor and my host university engagements with my culture shock experience. Since the study was limited to scope, the finding and the data analysis of the study were not completely done.

5.3 Pedagogical Implication

There are some implications that can be reached from the findings of this study. The first implication is that it is important for the host university to not only

tell the students about the technology but also to teach the students how to use the technology or provide a source that can help the students to figure out considering each student's background. Advanced technology introduced during the international student orientation did not help the students enough. Instead, it turned out to be something stressful for me because I did not know how to use and dealt with it. This study also implies that international students should prepare themselves with the knowledge about their host university and the city where they going to anticipate some culture shocks such as weather shock or academic shock. The last implication is host peers, local people, and professors in host universities can take a big role to help exchange students deal with culture shock such as inviting them to locals event, introduce the American culture and let them be able to express their heritage in host university respectfully.

5.4 Recommendation for Further Study

Students of this Institution are likely to experience culture shock since most of them come from different places. This study is beneficial for the institution to rise students' awareness about culture shock. Not only that, but the institution can also arrange a better student orientation for the upcoming freshman. Hence, it is recommended for the further researcher to explore more about students' local students' culture shock in the local institution since culture shock does not only happen to students who study overseas. To fill the gap in this study, it is also recommended for further study to explore more about the relationship between

students' preparation before the exchange program and the intensity of culture shock that they experienced.

