

**STUDENTS' ANXIETY IN THE IMPROMPTU ACTIVITY
PERFORMANCE IN SPEAKING CLASS**



RESEARCH PAPER

Submitted in partial fulfillment of the requirements for the degree of
Sarjana Pendidikan at English Education Department

by

PINA PRAMUSTIARA

NIM: 16010106091

FACULTY OF EDUCATION AND TEACHER TRAINING

INSTITUT AGAMA ISLAM NEGERI KENDARI

KENDARI

2021

APPROVAL SHEET

TITLE : STUDENTS' ANXIETY IN THE IMPROMPTU ACTIVITY
PERFORMANCE IN SPEAKING CLASS

NAME : PINA PRAMUSTIARA

SID : 16010106091

This research paper draft has been approved by the supervisor on May 10th 2021
for further research paper seminar.

Supervisor,



Isna Humaera S.Ag, S.Pd, M.Pd

NIP. 197905282003122003



**KEMENTERIAN AGAMA REPUBLIK INDONESIA
INSTITUT AGAMA ISLAM NEGERI KENDARI
TARBIYAH DAN ILMU KEGURUAN**

Jalan Sultan Qaimuddin No. 17 Kelurahan Baruga, Kendari Sulawesi Tenggara
Telp/Fax. (0401) 3193710/ 3193710
email : iainkendari@yahoo.co.id website : http://iainkendari.ac.id

LEGALIZATION SHEET

This is to certify that the research paper by Pina Pramustiara, SID 16010106091, entitled “Students’ Anxiety in the Impromptu Activity Performance in Speaking Class” has been presented in the research examination on May 10th, 2021 and approved by the Board of Examiners.

Kendari, May 10th, 2021

28 Ramadan 1442 H

BOARD OF EXAMINERS

Chair : **Isna Humaera, S.Ag, S.Pd, M.Pd**

Members : **Dr. Sitti Nurfaidah, S.Pd., M.Ed.**

: **Suhartini Syukri, S.Pd.I, S.Pd, M.Pd.**

Approved by,
Dekan of Faculty of Education and Teaching Training



Dr. Masdin, M.Pd.
NIP. 196712311999031065

*Visi Program Studi Tadris Bahasa Inggris (TBI) :
“Vision of Department of English Language Education
Becoming a Leading Department in Developing English Language Education in 2025”*

DECLARATION OF AUTHORSHIP

I, Pina Pramustiara SID.16010106091, hereby certify that research result by entitled “Students’ Anxiety in the Impromptu Activity Performance in Speaking Class” under the supervision of Isna Humaera, S.Ag, S.Pd, M.Pd, has been obtained and presented in accordance with academic rules and ethical conduct of IAIN Kendari. It is written and published as requirement for the degree of English Education Program, Tarbiyah and Teacher Training Faculty at IAIN Kendari. For this reason, I am responsible for the research paper, if there any objection of claim from others.

Kendari, May 10th 2021



Pina Pramustiara
SID. 16010106091

**HALAMAN PERNYATAAN PERSETUJUAN PUBLIKASI TUGAS
AKHIR UNTUK KEPENTINGAN AKADEMIS**

Sebagai sivitas akademik Institut Agama Islam Negeri Kendari, saya yang bertanda tangan di bawah ini:

Nama : Pina Pramustiara
NIM : 16010106091
Program Studi : Tadris Bahasa Inggris
Fakultas : Tarbiyah dan Ilmu Keguruan
Jenis Karya* : Skripsi

demikian pengembangan ilmu pengetahuan, menyetujui untuk memberikan kepada Institut Agama Islam Negeri Kendari Hak **Bebas Royalti Noneklusif (*Non-exclusive Royalty- Free Right*)** atas karya ilmiah saya yang berjudul:

“Students’ Anxiety in the Impromptu Activity Performance in Speaking Class”

beserta perangkat yang ada (jika diperlukan). Dengan Hak Bebas Royalti Noneklusif ini Institut Agama Islam Negeri Kendari berhak menyimpan, mengalihmedia/formatkan, mengelola dalam bentuk pangkalan data (*database*), merawat, dan mempublikasikan tugas akhir saya selama tetap mencantumkan nama saya sebagai penulis/pencipta dan sebagai pemilik Hak Cipta. Demikian pernyataan ini saya buat dengan sebenarnya.

Dibuat : Kendari
Pada tanggal : 10 Mei, 2021
Yang menyatakan,



Pina Pramustiara

NIM. 16010106091

ACKNOWLEDGEMENT

Alhamdulillah, thanks be to Allah SWT, thank you for all His blessings that have been given to me in completing my studies and completing this research paper. Peace and solutions are always given to our prophet Muhammad SAW who has guided us from darkness to light.

In the process of completing this research paper, I realized that many things could not be done without help, support, encouragement, contributions and suggestions from other parties. Therefore, I would like to express my deepest special thanks to everyone who has prayed for, helped, supported, encouraged, contributed, and advised me during the process of completing this research paper, especially to my parents Mama, Papa, and Om. My grandparents Oma and Opa, my siblings, my family, as well as to my aunt Tante Ninn, who have supported, facilitated, prayed for, and kept me at this point. I know I will never be able to repay all that has been given to me. Other thanks also delivered to:

1. /Prof. Dr. Faizah Binti Awad, M.Pd., the Rector of Institute Agama Islam Negeri Kendari.
2. Dr. Masdin, M.Pd., the Dean of Faculty of Tarbiyah and Teacher Training.
3. Abdul Halim, MA. TESOL, the Head of English Education Department and also as one of the best motivators ever. I can understand how to be myself, how to love myself. In my academic studies, he was a lecturer who made me do this research. From the bottom of my heart, thank you for your valuable time and knowledge, thank you for always helping and providing motivation to complete this study.

4. Isna Humaera, S.Ag., S.Pd., M.Pd., as my supervisor who is like my mother, who always gives directions, who never gets bored when I ask questions, who always says "let's take a quick test", I know that's the sentence which is very simple but very motivating me in completing the study, she like my mother.
5. Dr. Sitti Nurfaidah, S.Pd., M.Ed., thank you very much for taking valuable time for my research paper. One of the best lecturers ever, a lecturer who can be a friend to us, there are no words that can describe how lucky I am to meet you. I am also very grateful for always being there when I consulted this paper even though it was night. Thank you for providing valuable knowledge, I am very grateful to be one of the students.
6. Suhartini Syukri, S.Pd.I., S.Pd., M.Pd., as examiners and lecturers who always have a way to break the ice, who are never bored and tired in providing guidance to the author in writing this research, someday I want to become a teacher or lecturer like you, who never bore the students in the classroom. Thank you for helping me to finish this study.
7. Sarjaniah Zur, S.Pd.,M.Pd, thank you for friendly and sincere in helping me in fulfilling academic administration, and always there to answer my questions.
8. All of lecturers of IAIN Kendari for all the knowledge which have been shared.
9. All the staffs of Faculty of Tarbiyah and Teach/er Training, for being agile in assisting and actual sharing of academic information.

10. Muhammad Ikhsan Setiawan.
11. Nursailah, Karmini, Nurasisia, Raodatul Jannah, Ayu Nurzah, and Jesika.
12. All my friends in TBI 16 especially International Students.

Lastly, I would like to say a big thank you to the junior, Iyan, Iki, Ija, Ulwi, Eci, Miluth, Iyah all of the girls' students from PBI 2017 and all the people I can't mention one by one who helped me. I also realize that this research paper is far from being the perfect word. Hopefully this research paper is useful for readers.



ABSTRACT

Pina Pramustiara. SID. 16010106091. Students' Anxiety in the Impromptu Activity Performance in Speaking Class. Supervised by: Isna Humaera S.Ag, S.Pd, M.Pd.

This study investigates the factors that cause students' speaking anxiety during impromptu activity performance in speaking class. This research used qualitative descriptive methods in the process of collecting data and answering research questions. The participants of this study were 9 students from class A in the second semester of academic year 2019/2020. They were majoring in the English education department in one of higher institutes in Southeast Sulawesi experience speaking anxiety in doing the impromptu activity in speaking class. The finding of this study is about students feeling in impromptu activity were nervous, afraid, worry and lac of vocabulary, students reason why they feel anxiety, and how students overcome their anxiety. This study implies the teacher did impromptu activity performance to creating and providing learning environment to making students' less anxious when speaking in front of the class.

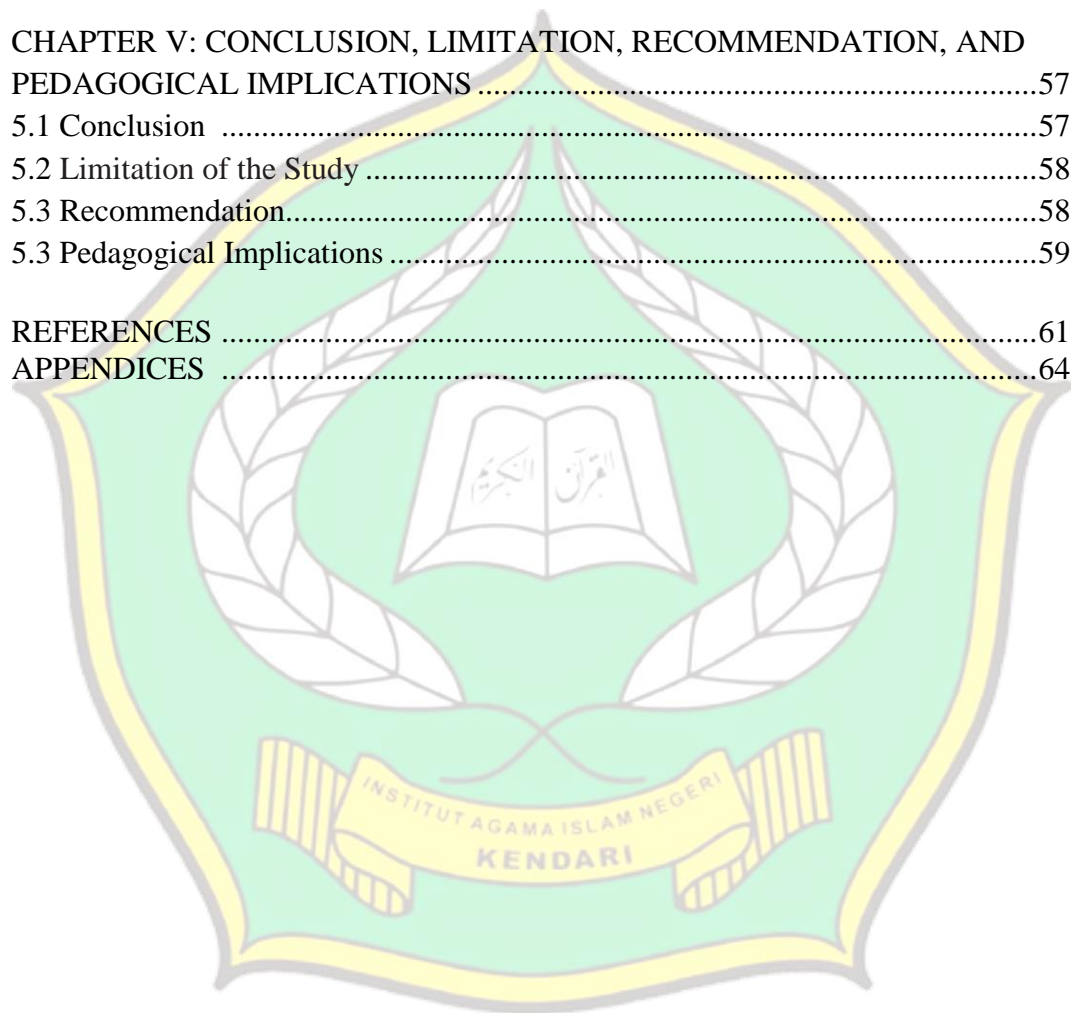
Keywords: *Impromptu activity, speaking class, students anxiety.*



TABLE OF CONTENTS

TITLE PAGE	i
APPROVAL SHEET	ii
DECLARATION OF AUTHORSHIP	iv
HALAMAN PERNYATAAN PERSETUJUAN PUBLIKASI TUGAS AKHIR UNTUK KEPENTINGAN AKADEMIS	v
ACKNOWLEDGEMENT	vi
ABSTRACT	ix
TABLE OF CONTENTS	x
LIST OF FIGURE	xii
CHAPTER I: INTRODUCTION	1
1.1 Background of the Study	1
1.2 Scope of the Study	3
1.3 Research Questions	4
1.4 Purposes of the Study	4
1.5 Significance of the Study	4
1.6 Definition of Key Terms	4
CHAPTER II: REVIEW OF THE LITERATURE	6
2.1 Theoretical Framework	6
2.1.1 Impromptu Activity	6
2.1.2 Speaking Anxiety	7
2.1.1.1 Indicators of Anxiety	10
2.1.2.1 Categories of Anxiety	10
2.2 The Factors Affecting Speaking Anxiety	11
2.2.1 Internal Factors	11
2.2.2 External Factors	12
2.3 Teaching Speaking EFL Context	13
2.4 Previous Studies	14
CHAPTER III: METHODOLOGY	17
3.1 Research Design	17
3.2 Settings and Context	17
3.3 Participant of the Study	18
3.4 Data Collection	19
3.5 Instrumentation	19
3.6 Triangulation	20
3.7 Data Analysis	21
3.7.1 Organizing and Familiarizing	21
3.7.2 Coding and Reducing	21
3.7.3 Interpreting and Representing	22
CHAPTER IV: FINDINGS AND DISCUSSION	40

4.1 Findings.....	40
4.1.1 Students Feeling in Impromptu Activity.....	40
4.1.1.1 Nervous	41
4.1.1.2 Afraid	44
4.1.1.3 Worried	45
4.1.1.4 Lack of Vocabulary	46
4.1.2 Students Reason in Feel Anxiety	47
4.1.3 How Students Overcome their Anxiety	51
4.2 Discussion	54
CHAPTER V: CONCLUSION, LIMITATION, RECOMMENDATION, AND PEDAGOGICAL IMPLICATIONS	57
5.1 Conclusion	57
5.2 Limitation of the Study	58
5.3 Recommendation.....	58
5.3 Pedagogical Implications	59
REFERENCES	61
APPENDICES	64



LIST OF TABLES

Table 3.1 Partisipant Profiles	18
Table 3.2 Blueprint of Instrumentation.....	20
Table 3.3 Example of Data Coding for Q1	23
Table 3.4 Example of Data Coding for Q2	31
Table 3.5 Example of Data Coding for Q3	38
Table 4.1 Partisipant Code	



